

Syllabus of CASA LC Mentor Presentations & Activities: Fall 2017



Program Administrators:

- Dr. Noelle Ballmer: XT 2254, GSSC Office 121 G
- Mr. John Fortiscue: XT 3653, GSSC Office 101 A

This overview of presentations can be used in multiple ways, depending on your needs. A faculty member may request a particular presentation/activity for their seminar class à la carte; the fifteen presentations can be followed in a sequential, weekly order; or if time constraints limits the facilitation, a handout with the information can be provided to the class.

When requesting a presentation, we kindly request faculty please contact Noelle Ballmer and Mr. Fortiscue via email two weeks in advance so we can prepare the CASA LC Mentors and provide any necessary materials.

Week	Topic	Duration	Details	Learning Outcomes
1	Mentor Introductions + CASA Services	15-20 minutes	Presentation will be followed by an activity where everyone gives their name, major, and a fun fact or plays an ice breaker game (depending on mentor)	Have a basic understanding of all of the services on campus
2	Classroom Success Strategies	15-20 minutes	Presentation will be followed by an activity where everyone finds their learning styles (worksheet)	Learn the best practices of how to be successful in the classroom and knowing how they learn best
3	Homesickness + How to make friends + How to communicate with your professors	15-20 minutes	Presentation will include an ice breaker activity where each student can get to know a group of their classmates and form relationships	Recognize student feelings of homesickness isn't a weakness and learning how to make friends in a new environment. How to open up to professors
4	Prep for 1st exam + organization + concentration + make the most of study breaks	15-20 minutes	Presentation	Learning new tips to make their study time more productive
5	Asking for help	15-20 minutes	Presentation	Understand asking for help is normal and learning about resources
6	Bouncing back from the first bad grade	15-20 minutes	Presentation	Learn one bad grade doesn't mean failure and that one should

				drop out of college. Learn how to change negative irrational thinking to positive rational thinking
7	Burnout + Motivation	15-20 minutes	Presentation will include an activity in which the students will pair up and discuss their fears about education and how they overcame those fears	Learn how to spot burnout when it starts and how to overcome it.
8	Exploring your interests (suggested follow-up w/ Career services)	15-20 minutes	Presentation will include an activity in which the students will reflect on what interested them when they were children and how it compares to what they have decided about college majors.	Students will begin to start thinking about what they want to do after college. Acquire information about the job resources on our campus
9	Goal setting & expectations	15-20 minutes	Presentation will include an activity where the students write down 3 goals to improve on using the tips in the presentation and at the end, the mentor will check to see that they modified their goals	Students will learn how to set achievable goals and stick with them for the rest of the semester
10	Scheduling classes	15-20 minutes	Presentation will include an activity which involves students identifying wants and needs for their schedule	Students will learn the basics of making a schedule and who to go to if they're stuck
11	University academic policies	15-20 minutes	Presentation will be followed by a game of jeopardy to ensure the students understand the policies	Students will learn the drop, withdrawal, and financial aid policies as well as academic probation and suspension
12	Productivity	15-20 minutes	Presentation will include an activity which involves the students to identify	Learn tips on how to be more productive and how to spend their time wisely

			their top 5 career goals and how productivity in classroom feeds into their career goals.	
13	Getting over the hump (returning from break and preparing for finals) + Finals 101	15-20 minutes	Presentation will include an activity called people-to-people to get the students moving around and demonstrate the motivational topic of having fun	Encourage students to power through the rest of the semester and provide them with some tips for conquering finals
14	Next steps for spring (Recovery Steps PowerPoint)	15-20 minutes	Presentation will include two activities: the first is articulating who their LC advisor is and the second is listing tasks by most to least important in a given time period to stress the importance of time management	Refresh students on the academic policies, classroom strategies, and study tips so they can be aware of and use them during the next semester
15	Semester Debriefing	15-20 minutes	Round Table to discuss the highs and lows of the students' first semester in college and a conclusion of our mentoring for the semester	Reflecting on and breaking down how their first semester of college was